



A LEVEL PE - KS5

Year 12

Half Term 1

Applied anatomy and physiology.
Sport and society.

Half Term 2

Applied anatomy and physiology.
Sport and society.

Half Term 3

Applied anatomy and physiology and skill
acquisition.
Sport and society.

Half Term 4

Skill acquisition.
Sport and society.

Half Term 5

Skill acquisition.
Sport and society.

Half Term 6

Revision and coursework.
Sport and society.

Year 13

Half Term 1

Exercise physiology.
Sport and society and technology.

Half Term 2

Biomechanics.
Sport and society and technology.

Half Term 3

Sports psychology.
Sport and society and technology.

Half Term 4

Sports psychology.
Sport and society and technology.

Half Term 5

Exam preparation.
Sport and society and technology.

Half Term 6

Exam.





BTEC SPORT - KS5

Year 12

Half Term 1

Fitness training and programming for health, sport and wellbeing:

Half Term 2

Anatomy and physiology:

Half Term 3

Anatomy and physiology:

Half Term 4

Practical sports performance:

Half Term 5

Practical sports performance:

Half Term 6

Practical sports performance:

Year 13

Half Term 1

Fitness training and programming for health, sport and wellbeing:

Half Term 2

Fitness training and programming for health, sport and wellbeing:

Half Term 3

Fitness training and programming for health, sport and wellbeing:

Half Term 4

Professional development in the sports industry:

Half Term 5

Professional development in the sports industry:

Half Term 6

Professional development in the sports industry:

